



## Trail Hike Series 2024

Join the Thursday Hikers for *free* guided trail hikes on Thursday mornings. These hikes begin at 10:00 AM unless otherwise stated and leave promptly, so please arrive on time. This group will visit various local conservation properties, including some Westerly Land Trust (WLT) preserves. If you would like to lead a hike for the next series, please provide Sally with a date and a blurb.

### Important Notes

- o **Sign Up Required:** Sign up with listed hike leader so they know how many are coming. If no one signs up the leader may not show up. Thursday hike is FREE.
- o **Distance/ Target Group:** Walks are 1 ½ to 3 hours and are open to all ages with the target group being agile seniors.
- o **Estimated Times:** Ending times are estimated as it is difficult to ascertain when it will finish due to number of people, how fast/slow the hikers walk, etc. Hikes leave promptly.
- o **Inclement weather:** Inclement weather cancels and if in doubt, contact the leader.
- o **Dogs:** If you wish to bring a dog, contact the leader as some properties do not allow them. If a dog is present, they must be leashed at all times.
- o **Trail Safety:** These are wooded trails with stumps, roots and rocks so be sure to wear hiking boots or good walking shoes. Make sure you bring water and a snack if you want one.
- o **Snow:** If there is a lot of snow consider bringing snowshoes, stabilizers, or something for traction.
- o **Thursday hike/WLT events:** [CLICK HERE](#) to sign up for WLT's email list and receive a monthly email including Thursday hike schedule and other WLT events/programs.

### Fluorescent Orange Requirements

In State Management areas everyone is required to wear 200 square inches of solid daylight fluorescent orange from the second Saturday in September to the last day of February and the last Thursday in April to the last day in May, annually.

### Details

**May 2**                      **May 2**                      **10:00 AM - 12:30 PM**    **Burlingame North, Charlestown**

This 4-mile walk will be entirely north of Buckeye Brook Road, and take us past a stone dam, streams, and campsites along the Pawcatuck River. Terrain is stable, but hilly. Park at the Burlingame North Trailhead parking on the north side of Buckeye Brook Road, 1.9 miles east of its intersection with RI 216; and 0.8 miles west of the Shumankanuc Road intersection.  
41.398662, -71.701515

**Leader:** Jeff Walker                      **Phone:** (401) 447-1879                      **Email:** [jeffrey.walker@cox.net](mailto:jeffrey.walker@cox.net)

**May 9**                      **10:00 AM - 12:30 PM**    **Don Henne Preserve, North Stonington, CT - Meet at 9:45 AM**

This is an out and back hike from Surrey Lane to Babcock Road. Ledges with big boulders, Shunock Brook, beautiful marshes. **Meet at 9:45 AM**, park & ride at the junction of CT Rte 2 and I-95, carpool from there.

**Leader:** Sally Hanson                      **Phone:** (401) 932-5295                      **Email:** [sallyhanson242@gmail.com](mailto:sallyhanson242@gmail.com)

**May 16**                      **10:00 AM - 12:30 PM**    **Sheep Farm, Groton, CT**

A former sheep farm, this hilly property is maintained by Groton Open Space Association (GOSA). The well marked trails travel over rocks and ledges along a stream with 2 waterfalls for about 31/5

miles. (Spoiler Alert: The waterfalls look much bigger in pictures.) This is an example of typical New England upland, mostly deciduous forest that was saved from development due to the high cost of building there. Directions: Take Route 95 South to CT exit 88. Turn left and take the first left onto Hazelnut Hill Rd. The parking area is up the hill on the right. There are some picnic tables if you want to bring a lunch.

**Leader:** Janice Fifer      **Phone:** (401) 213-6479      **Email:** [jhfifer@verizon.net](mailto:jhfifer@verizon.net)

**May 23      10:00 AM - 1:00 PM Carolina North, Richmond**

**Sally check All Trails when Liz & I did this on 2/12/2024 to update the blurb**

Well-traveled, all-weather gravel tracks and footpaths, hills and valleys, a stream, a pond, and a deciduous and evergreen forest. Directions: Pine Hill Road, 1.7 miles west of Rte 112, or 0.6 miles east of Switch Road. Park at the DEM station, a red structure on the south side of the road.  
N 41° 27.979' W 71° 41.293'

**Co-Leaders:** Sally Hanson & Liz Anderson      **Phone:** (401) 932-5295      **Email:**  
sallyhanson242@gmail.com

**May 30      10:00 AM - 1:00 PM Grills Preserve, Bradford**

This walk on WLT's 500-acre preserve is over primarily flat terrain often along the Pawcatuck River on clear, wide trails. We will be able to see some newly discovered foundations. There is a gorgeous scenic view from the top of aptly named, Big Hill, which requires a bit of steep climbing. Meet at the parking lot at the cul-de-sac end off Bowling Lane in Bradford Village.

**Leader:** Emma Stahl      **Phone:** (401) 477-4249      **Email:** [estahl@westerlylandtrust.org](mailto:estahl@westerlylandtrust.org)

**June 6      10:00 AM - 1:00 PM Grills Wildlife Sanctuary, Hopkinton**

Approximately 5 miles, easy to moderate. The Hopkinton Land Trust trails follow the Pawcatuck River and Tomaquag Brook. We will cross the brook and hike to the Polly Coon Bridge that leads to the Westerly Land Trust Grills Preserve. Directions: I-95 S, Exit 1 (which is Rte 3), to Rte 216 in Ashaway (this is a left hand turn), in about 2.5 miles at the intersection of Chase Hill Road is where we will meet. N 41° 24.647' N W 71° 4581'

**Co-Leaders:** Sue & Geoff Sewall      **Phone:** 401-377-2826 (h)

**June 13      10:00 AM - 11:30 AM Crandall Family Preserve, Westerly - END OF SEASON PICNIC**

This flat walk in WLT's preserve is through an interesting variety of woods, which are surrounded by extensive Atlantic White cedar swamp and open peatlands. Hopefully, some mountain laurel will have bloomed. Park in the parking area on the left prior to the end of Pound Road (do not block the gates), which is off Rte 91, Westerly Bradford Road. Bring your own lunch, beverage and lawn chair.

**Leader:** David Prigmore      **Phone:** (401)348-2855      **email:** [d.bprigmore@gmail.com](mailto:d.bprigmore@gmail.com)

**June 20      Paddles start!**